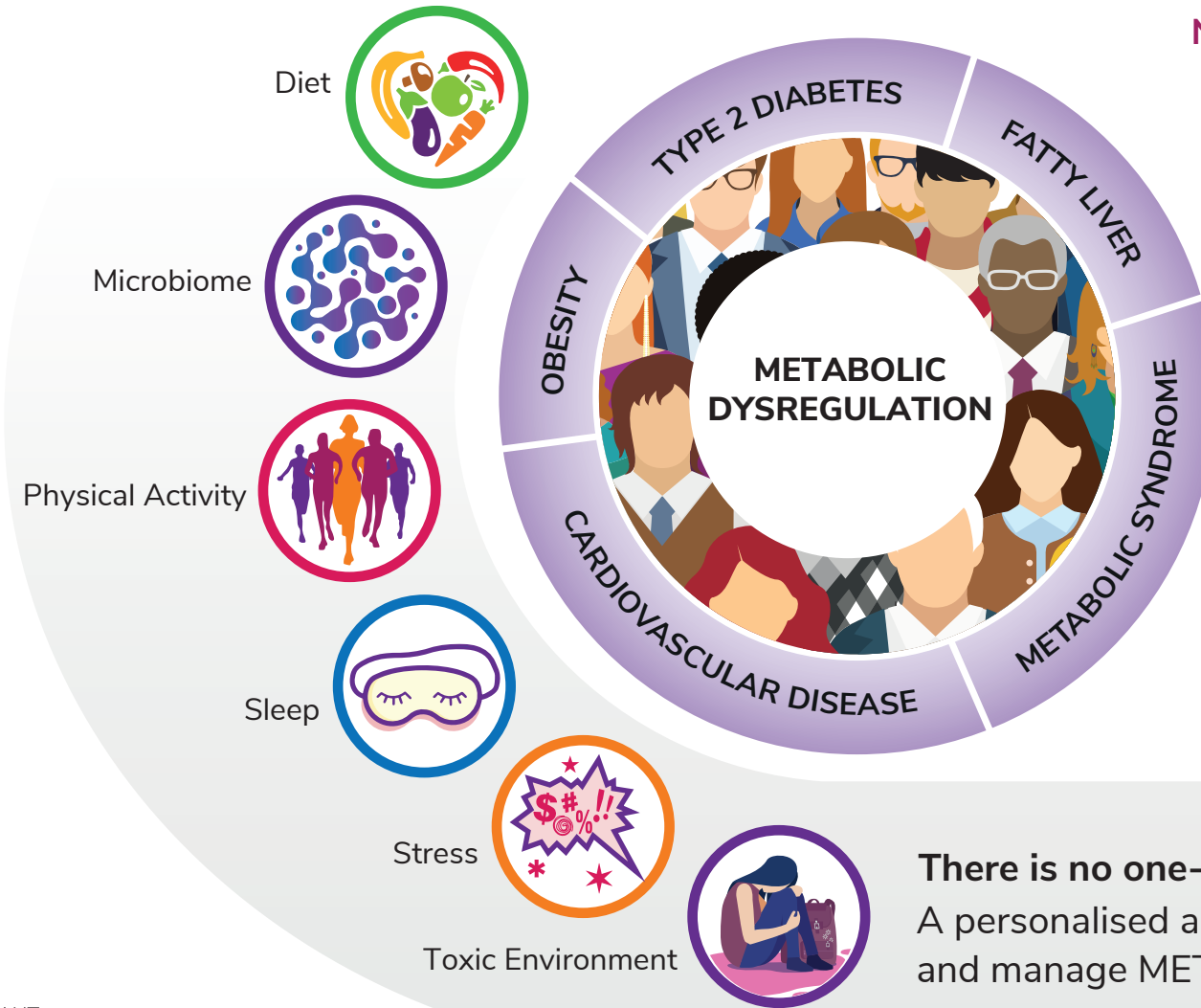


**MODIFIABLE risk factors**



**NON-MODIFIABLE risk factors**



**There is no one-size-fits-all intervention.**  
A personalised approach is needed to prevent and manage METABOLIC DYSREGULATION.