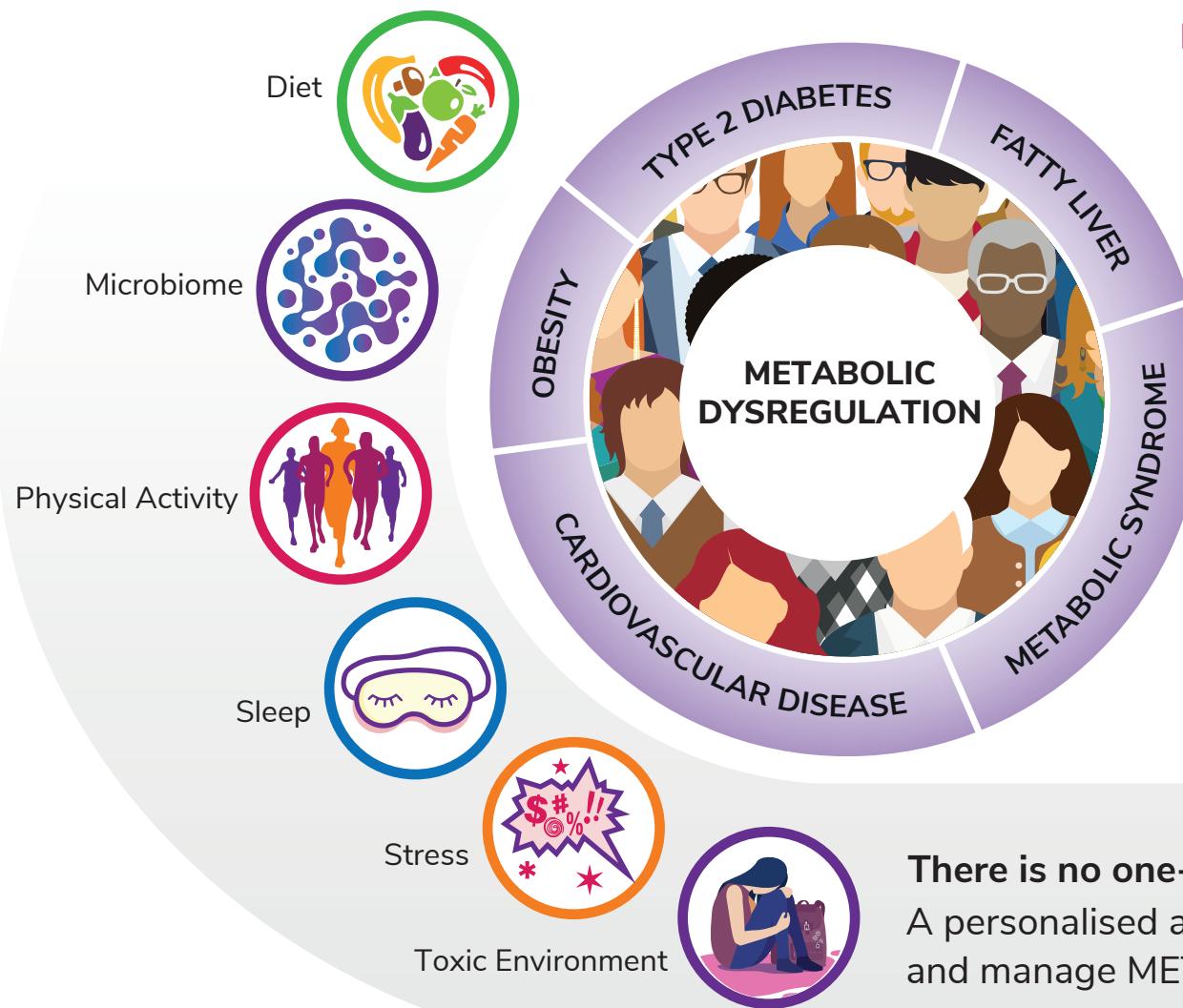
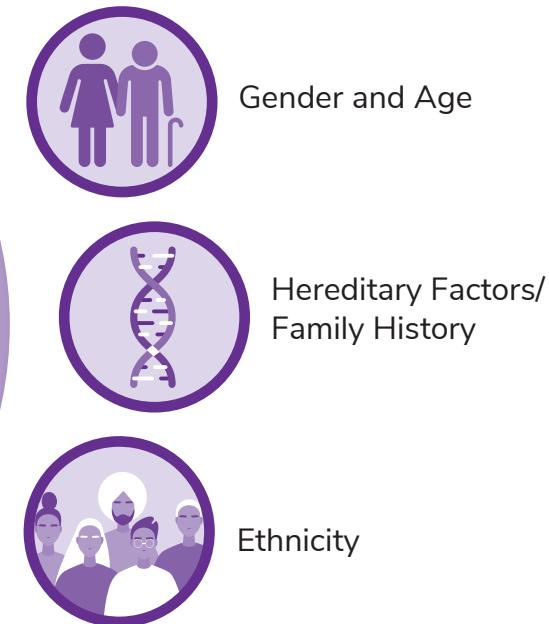


MODIFIABLE risk factors



NON-MODIFIABLE risk factors



There is no one-size-fits-all intervention.
A personalised approach is needed to prevent and manage METABOLIC DYSREGULATION.